## Monika Holubová

Mgr. Monika Holubová, Ph.D.

Group leader at the Faculty of Medicine in Pilsen, Charles University; Clinical research leader at University Hospital Pilsen; co-founder of Consortium for iNKT Research and Therapy (CiRT)

Expertise and focus:	Clinical research, Clinical trials
Form of mentoring meetings:	Online
Has an experience in:	Academic career
	Link to CV

Previous mentoring experience:	Mentor of PhD students; mentor in ISCT mentoring program
Motivation:	As part of my scientific development, I have struggled with a lack of discussion on various issues and I know that this has significantly hindered my growth. When I came to Imperial College for an internship, I saw the importance of regularly discussing with people from different fields and being more open to different approaches. That is why I started to get involved in networking activities and training students when I returned. I see for myself how discussions and questions not only help the students, but also me. Mentoring is ultimately challenging, but it can help point someone in the right direction. A mentoring program is always beneficial for both parties, who can learn from each other.
Career guidance topics you can discuss with the mentor:	Creating a career plan, strategy     Differences between academic and non-academic careers
Research related experience the mentor is ready to share with the mentee:	<ul> <li>Grant writing process, grant application consultation</li> <li>Management of science and research in an academic institution</li> <li>Networking - introducing people in the field</li> <li>Utilizing the potential of international internships, conferences, etc.</li> <li>Project management</li> <li>Consultation on preparation for a job interview</li> <li>Preparation of scientific publications - how to do it correctly, efficiently, and with quality</li> </ul>