
Helena Pivoňková

MUDr. Helena Pivoňková, Ph.D.
Principal investigator at Second Faculty of Medicine, Charles University

Expertise and focus:	Neuroscience, electrophysiology, glial cells, myelination, multiple sclerosis and epilepsy models + teaching general physiology and neurophysiology
Form of mentoring meetings:	Either way, online or offline
Has an experience in:	Academic career
	Link to CV Link to CV

Previous mentoring experience:	As a mentor - mentoring program under ILAE , mentoring young scientist in epilepsy field
Motivation:	Meeting young scientists, discussing different perspectives of personal and professional interactions at work, improving soft skills. Mentoring helps me find better ways to come up with solutions for my own students and postdocs.
Career guidance topics you can discuss with the mentor:	<ul style="list-style-type: none">• Identifying and utilizing one's skill set• Creating a career plan, strategy• Asking essential life questions• Career change, change of field
Research related experience the mentor is ready to share with the mentee:	<ul style="list-style-type: none">• Preparation of scientific publications - how to do it correctly, efficiently, and with quality• Grant writing process, grant application consultation• Management of science and research in an academic institution• Consultation on preparation for a job interview• Networking - introducing people in the field• Participating in events together with a mentee (conferences, symposia, fairs, etc.)• Utilizing the potential of international internships, conferences, etc.• Path to an academic position abroad• Project management