
Psychological counselling

Psychological Counselling Centre for all CU students - Carolina Centre

Free of charge for all CU students.

Because of the Covid related restrictions, our services moved to the on-line form. We use Skype, Teams, ZOOM and other available tools, according to your agreement with the chosen counsellor.

Our centre provides services to help get you through the challenges that you may face in emotional, interpersonal, and academic/career-choice situations.

Address: Školská 13a, Praha 1

You can contact our counsellors at their e-mails or register in the available applications.

Mgr. Milan Polák counsel@ruk.cuni.cz

Registration: <https://sites.google.com/site/ipscuk/>

Further information: <https://centrumcarolina.cuni.cz/CC-32.html>

Mgr. Anna-Marie Poslíšilová

annamarie.pospisilova@ruk.cuni.cz

Mgr. Lukáš Pánek

10368590@cuni.cz

Registration: listed dates in the login application, which is currently only available in Czech. The English version is under construction.

Counselling centres at the individual CU faculties

These centres are intended mainly for students studying at the given faculty (free of charge); a fee may apply for students from other faculties.

Pedagogical-Psychological Counselling Centre - Hussite Theological Faculty

Address: Pacovská 350/4, 140 21 Prague 4

Contact person: Prof. PhDr. Beáta Krahulcová, CSc.

Phone: +420 222 539 230, e-mail: Beata.Krahulcova@htf.cuni.cz

Students Counselling Centre - First Faculty of Medicine

Address: Department of Psychiatry, Ke Karlovu (ground floor), Prague 2

Contact person: PhDr. Radek Ptáček, Ph.D.

Phone: +420 224 965 319, e-mail: radek.ptacek@lf1.cuni.cz

Website: <https://en.lf1.cuni.cz/psychological-counseling-center-for-students-of-first-faculty-of-medicine>

Students Counselling Centre - Third Faculty of Medicine

Address: Department of Child Health Promotion - building no. 19, 3rd floor, room 306

Ruská 87, 100 00 Prague 10

Contact person: Doc. MUDr. Dagmar Schneiderová, CSc.

Phone : +420 267 102 340, e-mail: dagmar.schneiderova@lf3.cuni.cz

Stress management programme for all university students
on the [Faculty website](#) or [here](#)

Pedagogical-Psychological Counselling Centre - Faculty of Medicine Hradec Králové

Address: Šimkova 870, 500 03 Hradec Králové
Contact person: MUDr. David Skorunka, Ph.D.
Phone: +420 495 816 357, e-mail: skor@lfhk.cuni.cz

Students Counselling Centre - Faculty of Arts

[click here for more information](#) (The information is in Czech but some counsellors provide services in English)
Address: Celetná 20, room 207a, Prague 1

Contact person: PhDr. Hedvika Boukalová, Ph.D.
Phone: (+420) 221 619 675, e-mail: hedvika.boukalova@ff.cuni.cz

Counselling Centre Hybernská - Faculty of Arts

Centre offers services of psychological counselling, psychotherapy or personal development. Services in English offer three psychologists.

Dates and times of the session: per prior e-mail arrangement

Contact: <https://poradenskecentrum.ff.cuni.cz/consultation-in-english/>
Psychological Counselling Centre - Faculty of Education

Address: Magdalény Rettigové 4, 116 39 Prague 1
Contact persons: PhDr. Hana Sotáková, PhDr. Klára Špačková, Ph.D.
Phone: +420 221 900 514,
e-mail: hana.sotakova@pedf.cuni.cz, klara.spackova@pedf.cuni.cz

Further help in and outside of Charles University

[Where to find help in psychological emergency, crisis; leaflet with a list of services](#)



[Application „Don't Panic“, free psychological first aid](#)