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# Sport at Charles University

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**Sport is an inseparable part of university life. It has enjoyed a long tradition at Charles University, and CU graduates and students have scored many sporting victories. Success, however, is not the only objective of sport. The oft-quoted saying mens sana in corpore sano says it all. It is only fitting that Charles University students and staff should benefit from a wide range of sporting opportunities.**

## **Rector's Sports Day**

The traditional Rector's Sports Day is an opportunity for students and teaching staff of the University's Prague faculties to meet members of the public – both on and off the sports field. The Sports Day showcases a wide range of sporting disciplines. It is not just about winning victory in individual and team sports; it is also an opportunity to get some exercise or to take part in a sport simply for enjoyment. The Sports Day website contains a list of the sports grounds and facilities where the events take place, plus a detailed overview of the various sports and the complete programme of the upcoming Rector's Sports Day.

## **University Marathon - Charles University Rector's Cup**

For a truly unique experience, why not join the starting lineup of the Prague International Marathon and test your endurance against top marathon runners from all over the world. Put together a team of four people and run that legendary distance of 42 kilometres as a relay race.

Apply team strategies and enjoy the exhilarating feeling of elation and fulfilment. The first run for the Charles University Rector's Cup took place on 8 May 2011.

[www.praguemarathon.com](http://www.praguemarathon.com)

## **Charles University organizes regular sports afternoons for students with disabilities**

On Thursdays during the summer semester, the University's Centre for Sports Activities of Students with Disabilities organizes regular sports afternoons at the Regatta boathouse in Prague. You can take part in the Spring Table Tennis Tournament or the Opening of the Vltava River, or take a ride down the river on a catamaran, raft or kayak. The boathouse (at Podolské nábřeží 4, Prague 4) has a gym and a table tennis table. The gym and all the amenities have wheelchair access.

[www.cuni.cz/UK-1657.html](http://www.cuni.cz/UK-1657.html)

## **Running with Those That Can't**

The charity Running with Those That Can't (RWTTTC) was founded by students of Charles University's Third Faculty of Medicine. The founders believe that philanthropy and willingness to help others is the starting point for becoming better students, better people and better doctors. Their intention was to bring down the social taboos which surround people with disabilities in the Czech Republic and help them live a longer, happier and more satisfying life.

The traditional partner of RWTTTC is Charles University's Third Faculty of Medicine in Prague. Together the organizers strive to help children with disabilities become integrated into society and to achieve increasing public awareness of their special needs. The run is one of the events held as part of the Prague International Marathon.

[www.runningwiththosethatcant.com](http://www.runningwiththosethatcant.com)

## **The Motol Mile**

The run through the Motol Hospital compound has developed into an enjoyable tradition. Participation is open to everyone attending the conference held by the University's Second Faculty of Medicine, plus anybody else keen on taking part in a fun and entertaining sporting event. The Motol Mile is organized by the Institute of Physical Education at Charles University's Second Faculty of Medicine.

<http://www.lf2.cuni.cz/info2lf/ustavy/utv/>

## **University Eights: rowing competition for Prague universities**

This event – now entering its third year – is about more than just victory or racing against the clock to achieve the best time. The Vltava River in the heart of the Czech capital comes alive with the University Eights, in which current and former students of four Prague institutions compete for supremacy – the Charles University crew pitting its strength and endurance against crews from the Czech Technical University, the Czech University of Life Sciences and the University of Economics. The first ever rowing competition of Prague universities, the University Eights made its debut on 3 June 2011.

[www.primatoroky.cz/u8](http://www.primatoroky.cz/u8)

## **Czech Academic Games**

The Czech Academic Games are an exclusive multi-discipline sports competition held on a regular basis. Students of all higher education institutions in the Czech Republic can take part.

[www.ceskeakademickehry.cz](http://www.ceskeakademickehry.cz)

## **Battle on Ice**

The Battle on Ice is a unique ice hockey event coordinated by the student organizations of Prague's four major universities. The first year's tournament was won by the Charles University team, defeating teams from the Czech Technical University, the University of Economics and the University of Life Sciences. The Battle on Ice has an autumn semi-final and the final stage takes place in the spring. All participating teams are composed exclusively of students from the four universities. Each team can have no more than one member who is a student from another of the universities.

[www.hokejovabitva.cz](http://www.hokejovabitva.cz)